



On-Line Classes

As a result of the stay at home order, all Adult Education classes conducted by RACE for the summer session will be conducted in a virtual, distance learning environment. Once you decide what class you desire to take, please contact the instructor by email to express your interest in enrolling in the class. The instructors email is provided to you next to the class information. Once the instructor receives your email indicating that you want to enroll in the class the instructor will email you back to confirm your enrollment in the class.

ZUMBA GOLD

Come and find the curves hidden inside of you by doing Zumba in just 4 weeks. Students will weigh in on the first day of class and at the end of the class to see the difference. Sandra once weighed 226 lbs. and then lost 100 lbs. by doing Zumba and watching her diet. You will need a 1 lb. weights, a bottle of water, towel and tennis shoes.



COMPLETE GUITAR

In this class students will learn how to play the guitar through sight reading, rhythmic, and chordal study. This course will also include discussion and presentation of how to use guitar effects and stylistic considerations. Students will need a guitar (Acoustic or Electric).

670401	Sat	10:00-11:00am	08/15/20-10/24/20
No Class 9/5			
10 wks	Online Via Zoom	Brown	\$150

Required Textbook: ISBN: 9780881881394 - Hal Leonard Guitar Method, Second Edition – Complete Edition (Book Only)



YOU CAN PLAY UKULELE

In this class students will learn to play popular songs on the ukulele while developing fundamental skills on the instrument. Student will need a ukulele (Soprano, Concert or Tenor).

670450	Sat	11:15-12:15pm	08/15/20-10/24/20
No Class 9/5			
10 wks	Online Via Zoom	Brown	\$150

Required Textbook: ISBN: 9780634077265 - Hal Leonard Guitar Method Book 1

Matthew Brown holds a degree in music performance as well as certifications in audio engineering. He has performed in many different bands/ensembles and taught students ranging from 2 to 55 years of age. Matthew uses a practical and goal-oriented approach with his students.

Teacher Contact Info: matthewbrownguitar@gmail.com

AN INTRODUCTION TO VOICEOVERS

Explore the voiceover industry! Discover current trends, opportunities, and tools you need to find success. Read a real script and receive coaching from your instructor, a professional, working voice actor from Voices For All, to improve your delivery. Receive a professional voiceover evaluation later. One-time, 90 minutes, introductory class!



Live Video Chat Instruction

670101	Open	90 minutes	Open
1 day	Via Live Video Chat	Voices For All Staff	\$49

Voices For All have professional voice actors, educators, and voice for commercials, narrations, corporate video trainings, apps, animation and radio dramas.

640301	MTWTH	5:45-6:45pm	08/10/20-09/03/20
640302	MTWTH	5:45-6:45pm	09/08/20-10/01/20
640303	MTWTH	5:45-6:45pm	10/05/20-10/29/20
6 wks	Online Via Zoom	Chavira	\$35
640304*	MTWTH	5:45-6:45pm	11/02/20-11/20/20
No Class 11/11			
640305*	MTWTH	5:45-6:45pm	11/30/20-12/17/20
3 wks	Online Via Zoom	Chavira	\$25

Sandra Chavira is a Zumba certified instructor and personal trainer. She has lost over 100 lbs. and is passionate about personal health and fitness and helping her students reach their fitness goals.

Teacher Contact Info: loschaviras2003@yahoo.com

CHANGE YOUR LIFE IN 30 DAYS



WEIGHT MANAGEMENT APPLYING "THE WHOLE 30 PROGRAM"

Lose weight, you are worth it! Get your diabetes and blood pressure under control without counting calories or measuring food by applying "The Whole 30" plan.

640320	Sat	9:30-11:00am	08/15/20-09/19/20
No class 9/5			
640321	Sat	9:30-11:00am	10/17/20-11/14/20
5 wks	Online Via Zoom	Chavira	\$150

Items needed for class: pen, paper, and textbook "The Whole 30" ISBN 978-0-544-60971-6

Sandra Chavira has lost over 100 pounds. She has a Bachelor degree in Health & Wellness and certified in nutrition.

Teacher Contact Info: loschaviras2003@yahoo.com

The Information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.