



ROWLAND ADULT & COMMUNITY EDUCATION

DANCE / ENGLISH & FOREIGN LANGUAGE / GENERAL INTEREST

INTERNATIONAL FOLKDANCE AND LINE DANCING

Dancing is an enjoyable way to tone and strengthen your body. It can enhance your memory, heart and lung functions, sensitivity to rhythm, muscular flexibility, and bone density. Focus will be on folkdances, including circle and pair dances, and most popular line dances. At least 3 months of dancing experience. No partner is required. Please wear comfortable shoes and bring bottled water.

Minimum 10 students, maximum 35.

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|--------------|-----------------|------------------|-------------------|
| 230111 | Tue | 7:30-9:00 p.m. | 01/16/18-03/13/18 |
| 230112 | Tue | 7:30-9:00 p.m. | 03/20/18-05/22/18 |
| 9 wks | Alvarado | Cafeteria | Li \$30 |

(No class on 3/27)

Jasmine Li is an experienced teacher and an award-winning performer who frequently performs for the community. She currently teaches at Rowland Heights Community Center, Walnut Folkdance Club and Walnut Senior Center.

SALSA & SWING

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|-----------------|----------------|------------------|-------------------|
| Salsa I | | | |
| 230108 | Tue | 7:00-7:50 p.m. | 01/16/18-02/06/18 |
| Swing | | | |
| 230102 | Tue | 8:00-8:50 p.m. | 01/16/18-02/06/18 |
| 4 wks | Killian | Cafeteria | Yang \$45 |
| Salsa II | | | |
| 230110 | Tue | 7:00-8:50 p.m. | 02/13/18-02/20/18 |
| 2 wks | Killian | Cafeteria | Yang \$45 |

Material Fee: \$3 cash payable to the instructor at the first class meeting. **Minimum 6 students, maximum 50. Minimum age 12.**

These classes will be taught by Betty May Yang, a professional dance teacher, award winning performer, popular TV talk show guest, and choreographer for over 20 years. In addition to teaching hundreds of beginners to dance, she has judged many dance competitions throughout Southern California and coached dancers at all levels, including professionals. In these classes, Betty May makes it easy and fun for first timers. Partners recommended, but not required.

BEGINNING CHINESE CONVERSATION

This class is the beginning level of Chinese conversation for those who are interested in learning to speak the Chinese language. Students will learn how to communicate in everyday situations speaking Chinese.

Minimum 5 students, maximum 20. Minimum age 15.

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|--------------|-------------|----------------|-------------------|
| 240121 | Mon | 7:00-8:30 p.m. | 01/22/18-03/19/18 |
| 240122 | Mon | 7:00-8:30 p.m. | 04/02/18-05/21/18 |
| 8 wks | AEC1 | 101 | Lim \$90 |

(No class on 02/19)

Material Fee: \$20 cash payable to the instructor at the first class meeting for handouts.

Sue Lim has taught Chinese conversation for 15 years in Malaysia since 1980 and she also does private tutoring that helps many students overcome their difficulty speaking and understanding Chinese. Because of her many years experience, she can relate to the difficulty many students experience learning Chinese.

INSTRUCTORS NEEDED:

If you can teach any of the classes in our catalog or have a specialty area which might fit with the RACE Department, please call the RACE office @ (626) 965-5975

The Information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.



CPR & First Aid

AMERICAN HEART ASSOCIATION FIRST AID/CPR

Get your American Heart Association Certification in CPR/First Aid to infant, child and adult. This is a one day course that will provide you with skills necessary to perform CPR and be able to help someone in a cardiac emergency. This course also reviews First Aid to allow participants to respond to real life injuries.

Minimum 5 students, maximum 20. Minimum age 14.

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|--------------|-------------|-----------------|---------------------|
| 260901 | Sat | 12:30-5:30 p.m. | 01/20/18 |
| 260902 | Sat | 12:30-5:30 p.m. | 02/10/18 |
| 260903 | Sat | 12:30-5:30 p.m. | 03/10/18 |
| 260904 | Sat | 12:30-5:30 p.m. | 03/17/18 |
| 260905 | Sat | 12:30-5:30 p.m. | 04/14/18 |
| 260906 | Sat | 12:30-5:30 p.m. | 05/12/18 |
| 260907 | Sat | 12:30-5:30 p.m. | 05/19/18 |
| 1 day | AEC1 | 103 | Marquez \$80 |

AMERICAN HEART ASSOCIATION BASIC LIFE SUPPORT HEALTHCARE FOR PROFESSIONALS



The BLS Instructor-led course teaches both single-rescuer and team basic life support skills for application in both prehospital and in-facility environments, with a focus on High-Quality CPR and team dynamics.

Minimum 5 students, maximum 20. Minimum age 16.



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|--------------|-------------|----------------------|---------------------|
| 260911 | Sat | 8:00 a.m.-12:00 p.m. | 01/20/18 |
| 260912 | Sat | 8:00 a.m.-12:00 p.m. | 02/10/18 |
| 260913 | Sat | 8:00 a.m.-12:00 p.m. | 03/10/18 |
| 260914 | Sat | 8:00 a.m.-12:00 p.m. | 03/17/18 |
| 260915 | Sat | 8:00 a.m.-12:00 p.m. | 04/14/18 |
| 260916 | Sat | 8:00 a.m.-12:00 p.m. | 05/12/18 |
| 260917 | Sat | 8:00 a.m.-12:00 p.m. | 05/19/18 |
| 1 day | AEC1 | 103 | Marquez \$60 |

Joshua Marquez is a current Los Angeles City Firefighter, who has performed hundreds of actual CPR's. In addition, Mr. Marquez is an adjunct professor at El Camino College for the Emergency Medical Technician program and has trained over 1000 students in American Heart Association CPR.

INTRODUCTION TO SCIENCE

This course is a basic to understanding science. Some topics include: velocity, speed, time, motion, and force. Will also touch upon electricity. New ways we acquired energy.

Minimum 7 students, maximum 14. Minimum age 7.

| | | | |
|--------------|-------------|-----------------|-------------------|
| 261005 | Sat | 9:30-10:30 a.m. | 03/03/18-03/17/18 |
| 3 wks | AEC1 | 106 | Cao \$68 |

Material Fee: \$25 cash payable to the instructor at first class meeting for handouts.

BASIC MATH REVIEW

This class will review the basic math skills to make sure students feel confident about using math in their workplace and daily life. Some of the topics include are: Multiple Digits Addition/Subtraction, Division, Decimal, Prime Numbers, and Graphing.

Minimum 7 students, maximum 14. Minimum age 7.

| | | | |
|--------------|-------------|-----------------|-------------------|
| 261313 | Sat | 9:30-10:30 a.m. | 01/20/18-02/10/18 |
| 4 wks | AEC1 | 106 | Cao \$100 |

Material Fee: \$20 cash payable to the instructor at first class meeting for handouts.

Dan Cao has been teaching for 16 years. He has been a teacher at an independent schools and a substitute for different school districts. He holds a teaching credential for Designated Subjects. He also holds a Master Degree in School Counseling with PPS Credential.